

COVID-19 Update as of January 9, 2024

The California Department of Public Health has updated its COVID-19 guidelines. The new approach is all about looking at symptoms.

If someone has COVID-19 symptoms, they should be tested as soon as possible and wear a mask when in the company of others.

For students and employees who test positive for COVID-19:

- Stay home until you have not had a fever for **24 hours** without the use of fever reducing medication and other COVID-19 symptoms are mild and improving.
- If you test positive but have no symptoms, you do not need to isolate yourself or stay home unless symptoms develop. If symptoms develop, follow the criteria above.
- It is recommended that COVID cases that return to school/work wear a face covering indoors for 10 days from the start of symptoms or if the person did not have COVID-19 symptoms, 10 days from the date of their first positive COVID-19 test.

Testing is no longer required for exposures unless new COVID-19 symptoms develop.